

Proximal Attachment

Obliquus capitis superior arises by tendinous fibers from the superior surface of the transverse process of C1.

Distal Attachment

It broadens as it ascends to attach to the occipital bone between the superior and inferior nuchal lines, lateral to semispinalis capitis and overlapping the attachment of rectus capitis posterior major.

Nerve Supply

It is supplied by the dorsal ramus of C1.

Action

When acting together, **obliquus capitis superior** extends the head on the neck; acting individually it laterally flexes the head on the neck to the same side. It stabilizes the atlanto-occipital joint during movement.